

# Honing Time-Management Skills: Vital in Completing Job Duties Within the Required Time-Frame

## Radhika Kapur

Abstract: The main objective of this research paper is to understand the meaning and significance of time-management skills. These are the skills that facilitate taking out sufficient time for all types of job duties and responsibilities. These are put into operation in one's personal and professional lives. Hence, to excel in all kinds of job duties and responsibilities and achieve desired goals and objectives, one needs to hone one's time-management skills. The job duties and responsibilities in some cases are more time-consuming, whereas in other cases, they are less timeconsuming; however, the acknowledgement and implementation of these skills facilitate the completion of all types of job duties and responsibilities within the stipulated period. Therefore, one will meet the expectations of family members, educators, and employers. Furthermore, they will make a significant contribution to achieving the desired goals and objectives and will evoke feelings of pleasure and contentment. The doors will be open to individuals who promote enhancement when these skills are put into operation in a well-ordered and disciplined manner. Hence, it is necessary for individuals to upgrade these skills throughout their lives continually. Family members provide help to individuals in leading to the upgradation of these skills. Therefore, it is understood on a comprehensive basis that honing time-management skills is vital for completing job duties within the required timeframe. The main concepts considered in this research paper are understanding the meaning and significance of honing time-management skills, measures to be implemented for upgrading these skills, and the advantages of honing timemanagement skills.

Keywords: Abilities, Achievement, Individuals, Job Duties, Methodologies, Time-Management Skills, Understanding, Up-Gradation

# I. INTRODUCTION

Individuals differ from one another in terms of various factors, including caste, creed, race, religion, ethnicity, age group, educational qualifications, community, and socioeconomic background. Despite these differences, individuals share a primary goal of enhancing their overall quality of life.

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To achieve desired goals and objectives, one needs to be well-informed in terms of time management skills. These are the skills that facilitate taking out sufficient time for all types of job duties and responsibilities. Individuals assign priorities to job duties and responsibilities. The more important ones are carried out first, whereas the less important ones are carried out after the completion of the more important ones. Procrastination is avoided (Weinstein, 2018) [3]. By acknowledging the meaning and significance of these skills, one can make an essential contribution to completing all tasks and activities within the required timeframe. Therefore, honing time-management skills is necessary for progression.

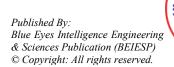
Individuals from all occupations, communities, and socioeconomic backgrounds have diverse goals and objectives in both their personal and professional lives. The different types of goals and objectives are, acquisition of education; getting engaged in employment opportunities; promoting enhancement of one's career prospects; augmenting different kinds of skills and abilities; promoting good health and well-being, physically and psychologically; travelling to other places; managing financial, technical, material and information resources; promoting well-being and goodwill of family and community members; leading to up-gradation of overall personality traits and promoting enhancement of overall standards of living. To achieve all types of goals and objectives, it is of utmost significance to lead to the upgradation of time-management skills (Time Management Skills, 2020) [1]. Therefore, individuals will be well-prepared in terms of various factors that facilitate the upgradation of different types of skills and abilities. These are utilized in achievement for other kinds of goals and objectives. Therefore, upgrading time-management skills is beneficial for individuals' progression.

### A. Understanding the Meaning and Significance of **Honing Time-Management Skills**

Throughout the pursuit of educational programs in institutions at all levels, students from all grade levels are required to participate in various assessment strategies, including class assignments, homework assignments, tests, exams, competitions, quizzes, presentations, debates, and other types of academic activities. When implementing various assessment strategies, it is essential to be wellequipped in terms of time management skills.

These are the skills that facilitate taking out sufficient time for all types of job duties and responsibilities. Students will be able to complete all job duties and responsibilities within the required timeframe when they

understand the importance and significance time



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management skills. Therefore, they can render a significant contribution in achieving educational goals and meeting the expectations of individuals in leadership positions.

In most cases, students are required to work on multiple assignments simultaneously. They must carry out tasks for all types of subjects; hence, to complete these within the timeframe necessary, one needs to be well-informed about the meaning and significance of time-management skills. These are the skills that enable the completion of all job duties and responsibilities within the required timeframe. Hence, it is understood on a comprehensive basis that acknowledging and implementing time-management skills facilitates the achievement of educational goals. Therefore, individuals can acquire an efficient understanding of the meaning and significance of honing time-management skills when these skills facilitate the achievement of educational goals.

Securing employment opportunities is regarded as one of the primary goals of individuals across all occupations, communities, and socio-economic backgrounds. In all types of employment settings, all members, regardless of their job position in the hierarchy, are required to carry out several job duties and responsibilities. These are put into operation on one's own or through obtaining assistance from other individuals. In other words, there are several job duties and responsibilities which are carried out in a team, comprising two or more individuals. All members, irrespective of their job positions, are required to be well-informed about the meaning and significance of time management skills. These are the skills that facilitate taking out enough time for all types of job duties and responsibilities. The employees will be able to complete all kinds of job duties and responsibilities within the required timeframe. Therefore, they can render an essential contribution in meeting the expectations of individuals in leadership positions.

In most cases, individuals in all types of employment settings are required to work on multiple job duties simultaneously. To complete these tasks within the necessary timeframe, it is essential to be well-informed about the importance and significance of time management skills. These are the skills that enable the completion of all job duties and responsibilities within the required timeframe. Therefore, one can enhance organisational culture, leading to the upgradation of the overall structure of the organisation. Consequently, one can acquire an understanding of the meaning and significance of honing time-management skills when these are applicable in all types of employment settings.

Individuals from all communities, categories, and socioeconomic backgrounds are required to carry out several job duties and responsibilities in both their personal and professional lives. Some tasks are more time-consuming, while others are less time-consuming. Some are carried out independently, while others require support and assistance from other individuals. Some are complicated, whereas others are manageable. Hence, to allocate sufficient time for all tasks and activities, it is essential to recognise the importance and significance of time-management skills. These are the skills that facilitate creating a balance between personal and professional lives. Hence, throughout the lives of the individuals, acknowledging and implementing these skills is regarded as vital on a comprehensive basis.

Research studies have indicated that time-management skills can be challenging to hone in some cases. However, when individuals are dedicated to their job duties and responsibilities, they will acknowledge and effectively implement these skills. Individuals typically prioritise their professional lives over their personal lives. For example, when there is a family function and one must attend a business meeting, one may skip the function or attend briefly. Hence, one puts in their best efforts to create a balance between personal and professional lives. Therefore, an understanding of the meaning and significance of honing time-management skills is acquired when these are facilitated in creating a balance between personal and professional lives.

# B. Measures to be Put into Operation Leading to Up-Gradation of Time-Management Skills

The occurrence of stressful situations is regarded as an integral part of individuals' lives, both in personal and professional spheres. By acknowledging and implementing practical time-management skills, individuals significantly contribute to preventing all types of stressful situations from escalating. Therefore, these are prevented from giving rise to barriers during the implementation of various kinds of job duties and responsibilities. In leading to the up-gradation of time-management skills, one augments information in terms of job duties and methodologies that are necessary to carry these out in a well-organised and regimented manner (Work Experience and Your Career: Definition, Importance and Tips, 2019) [5].

Throughout the lives of individuals, they are required to be well-aware of measures that lead to the upgradation of these skills. All types of measures are to be put into operation in a well-ordered and satisfactory manner. In other words, positivity needs to be reinforced through various measures. One of the crucial aspects that needs to be considered is that all kinds of measures are favourable in generating desired outcomes. Furthermore, one needs to put in their best efforts to eliminate all setbacks and impediments. Therefore, measures to be put into operation leading to the upgradation of time-management skills are stated as follows:

### II. MAKING WISE AND PRODUCTIVE DECISIONS

The implementation of decision-making processes is regarded as an integral part of individuals' lives, both in personal and professional spheres. The various factors that influence decisions include education, career, employment opportunities, settlement, assets, property, health, wellbeing, personality traits, and overall standards of living. Within the course of implementing the decision-making processes, analysis needs to be conducted in terms of various types of alternatives and options available. After the study is undertaken, the most favourable and worthwhile alternative or option is selected. On the other hand, critical-thinking skills facilitate the implementation of rational, logical, and methodical thinking. Because it leads to the upgradation of

analytical and critical thinking skills, one will be able to contribute effectively to





making wise and productive decisions.

By making wise and productive decisions in various areas, individuals contribute significantly to the improvement of their time-management skills. The decisions are also made in terms of multiple types of job duties and responsibilities, which are to be given preference. Therefore, one will be able to carry out their job duties and responsibilities in a well-organized and satisfactory manner. Furthermore, they will experience feelings of pleasure and contentment. Therefore, making wise and productive decisions is regarded as one of the essential measures to be implemented to upgrade time-management skills.

#### A. Communicating in an Effective Manner

The decisions are made on one's own or through obtaining support and assistance from other individuals. During the childhood stage, parents are vested with the authority and responsibility of making wise and productive decisions in various subjects and concepts. Whereas, during the adulthood stage, individuals are putting into operation their decision-making processes. In some cases, individuals are perplexed by multiple factors; therefore, they must effectively implement communication processes to address these complexities. The communication processes facilitate the augmentation of knowledge and understanding in various subjects and concepts, exchanging different types of ideas and viewpoints, and obtaining answers to all sorts of questions, as well as clarifying doubts across multiple subjects and concepts. Furthermore, one needs to be wellinformed in terms of communication ethics, i.e., using polite language and decent words, treating others with respect and courtesy, providing information, exhibiting traits of helpfulness and cooperation, and possessing an approachable nature and an amiable attitude.

Because of implementing effective communication processes, one can contribute to obtaining helpful ideas and suggestions from other individuals. In this manner, one will be well-prepared to implement decision-making processes effectively. Furthermore, one will be able to obtain support and assistance from others in making informed and productive decisions regarding various subjects and concepts. Therefore, communicating effectively is one of the significant measures to be implemented in upgrading time-management skills.

# B. Being Well-Equipped Regarding Goals and Objectives

An aimless life is a meaningless life. Individuals from all occupations, communities, and socioeconomic backgrounds have diverse goals and objectives in both their personal and professional lives. The different types of goals and objectives are, acquisition of education; getting engaged in employment opportunities; promoting enhancement of one's career prospects; augmenting different kinds of competencies, abilities and aptitude; promoting good health and well-being, physically and psychologically; travelling to other places within and outside the regions; forming an effective social circle, comprising of family and community members; managing financial, technical, material and information resources; promoting family and community

well-being; leading to up-gradation of overall personality traits and promoting enrichment overall living conditions.

To achieve all types of goals and objectives, it is of utmost significance to upgrade time-management skills. Therefore, individuals will be well-prepared in terms of various factors that facilitate the upgradation of different types of skills and abilities. These are utilised in the achievement of multiple types of goals and objectives. Individuals make time for goals and objectives, which are more important. Therefore, they acknowledge the meaning and significance of time-management skills. Thus, being well-equipped regarding goals and objectives is an essential measure to put into operation, leading to the upgradation of time-management skills.

#### III. ACQUISITION OF EDUCATION

Within the course of pursuance of educational programs in educational institutions of all levels, the students, belonging to all grade levels are required to participate in different types of assessment strategies, i.e. class assignments, homework assignments, tests, exams, competitions, quizzes, presentations, debates, role plays and other types of academic activities. When implementing various assessment strategies, it is essential to be well-equipped in terms of time management skills. These are the skills that facilitate taking out sufficient time for all types of job duties and responsibilities. The students will be able to complete all their academic tasks within the required timeframe when they understand the importance and significance of time management skills. Therefore, they can render an essential contribution to achieving educational goals and meeting the expectations of educators.

In most cases, students are required to work on multiple assignments simultaneously. They must carry out assignments for all types of subjects; hence, to complete these within the timeframe necessary, one needs to be well-informed about the meaning and significance of timemanagement skills. These are the skills that facilitate completing

all types of job duties and responsibilities within the required time frame. Hence, it is understood on a comprehensive basis that acknowledging and implementing time-management skills facilitates the achievement of educational goals. Therefore, acquiring education is a prudent measure to implement, leading to the enhancement of time-management skills.

### A. Getting Engaged in Employment Opportunities

In all types of employment settings, all members, regardless of their job position in the hierarchy, are required to perform several job duties and responsibilities. These are put into operation on one's own or through obtaining assistance from other individuals. In other words, there are several job duties and responsibilities which are carried out in a team, comprising two or more individuals. All members, irrespective of their job positions, are required to be well-informed about the meaning and significance of time management skills. These are the skills that facilitate taking

out sufficient time for all types of job duties and responsibilities.

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complete all kinds of job duties and responsibilities within the required timeframe. Consequently, they can render an essential contribution in meeting the expectations of individuals in leadership positions.

In most cases, individuals in all types of employment settings are required to work on multiple job duties simultaneously. To complete these tasks within the necessary timeframe, it is essential to be well-informed about the importance and significance of time management skills. These are the skills that enable the completion of all job duties and responsibilities within the required timeframe. Consequently, one can enhance organisational culture, leading to the upgradation of the overall structure of the organisation. Therefore, engaging in employment opportunities is a recognised measure to implement, leading to the upgradation of time-management skills.

# B. Creating a Balance between Personal and Professional Lives

Individuals from all communities, categories, and socioeconomic backgrounds are required to carry out several job duties and responsibilities in both their personal and professional lives. Some tasks are more time-consuming, while others are less time-consuming. Some are carried out independently, while others require support and assistance from other individuals. Some are complicated, whereas others are manageable. Hence, to take out sufficient time for all types of job duties and responsibilities, it is necessary to acknowledge the meaning and significance of time management skills. These are the skills that facilitate creating a balance between personal and professional lives. Hence, throughout the lives of the individuals, acknowledging and implementing these skills is regarded as vital on a comprehensive basis.

Research studies have shown that developing time-management skills can be challenging. Still, when individuals are dedicated to their job duties and responsibilities, they can effectively acknowledge and implement these skills. Individuals typically prioritise their professional lives over their personal lives. For example, when there is a family function and one has to work on an important business project, one may either skip the function or attend for a shorter period. Hence, one puts in their best efforts in creating a balance between personal and professional lives. Therefore, creating a balance between personal and professional lives is a meaningful measure to implement, leading to the improvement of time-management skills.

# C. Being Well-Equipped Regarding Job Duties and Responsibilities

All members, regardless of occupation, community, or socio-economic background, need to be well-informed about the various types of job duties and responsibilities. These tasks are both manageable and complicated; they can be implemented in a shorter amount of time or require more time-consuming efforts, and they can be carried out independently or with the support and assistance of others. Hence, to upgrade time-management skills, one needs to augment information on various types of job duties and responsibilities. Furthermore, one needs to acquire an

efficient understanding of the techniques. These are to be put into operation satisfactorily to generate desired outcomes.

The possession of adequate information regarding different types of job duties and responsibilities facilitates the upgrade of time-management skills. Therefore, one will be wellprepared in terms of completing all types of job duties and responsibilities within the stipulated Furthermore, one will be able to render an essential contribution in pleasing individuals in leadership positions and family members. Hence, one of the significant benefits is that all types of job duties and responsibilities are completed within the specified period, both in personal and professional life. Therefore, being well-equipped regarding job duties and responsibilities is a worthwhile measure to implement, leading to the upgradation of time-management

# D. Being Well-Versed in Terms of Methodologies and Procedures

Individuals in both their personal and professional lives are required augment information using methodologies and procedures. These are referred to as the ways of carrying out all kinds of job duties and responsibilities in a well-ordered and disciplined manner. One needs to acquire an efficient understanding of the concepts. Furthermore, one needs to get engaged in regular practice. Regular practice facilitates the acquisition of knowledge and experience through various methodologies and procedures. Hence, to upgrade time-management skills, one needs to augment information with multiple methods and procedures. Furthermore, one needs to inculcate the traits of morality, ethics, diligence, and conscientiousness. Consequently, one will acknowledge and implement timemanagement skills satisfactorily (What is Active Learning? and Why it Matters, 2019) [4].

The possession of adequate information in terms of different types of methodologies and procedures are facilitating the up-gradation of time-management skills. Consequently, one will be well-prepared in terms of ways of completing all types of job duties and responsibilities within the stipulated time frame. Furthermore, one will be able to render an essential contribution in carrying out job duties and responsibilities by meeting the expectations of educators and employers. Moreover, family members will also be pleased. Therefore, being well-versed in methodologies and procedures is an advantageous measure to put into operation, leading to the

# IV. UTILIZING PIONEERING METHODS AND MATERIALS

upgradation of time-management skills.

With advancements taking place and the advent of modernisation and globalisation, individuals from all fields are utilising various pioneering methods and materials. The different types of these methods and materials are the utilisation of multiple kinds of tools, devices, apparatus, equipment, gear, and technologies. One needs to acquire an efficient understanding of the concepts. Furthermore, one

needs to get engaged in regular practice. The regular practice facilitates the augmentation of

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knowledge and experience in terms of various types of pioneering methods and materials. Hence, to upgrade time-management skills, one needs to augment information with multiple types of pioneering methods and materials. One of the significant benefits is that one will not only complete the job duties within the required timeframe, but also carry them out in an efficient manner.

The possession of adequate information regarding various pioneering methods and materials facilitates the upgrade of time-management skills. Therefore, one will be wellprepared to complete all types of job duties and responsibilities within the stipulated timeframe. Furthermore, one will be able to make a significant contribution to fulfilling job duties and responsibilities that meet the expectations of educators and employers. Moreover, family members will also experience feelings of pleasure and contentment. Therefore, utilising pioneering methods and materials is a favourable measure to be implemented, leading to the enhancement of timemanagement skills.

### A. Planning and Organizing the Tasks

Planning is the function which involves moving from where one is in the present to where one aspires to be in future. The implementation of planning functions is regarded as vital in enhancing time-management skills. The main reason is that, in cases of some types of job duties and responsibilities, one needs to plan various types of methodologies and procedures. Consequently, one will be able to fulfil multiple job duties and responsibilities within the required timeframe. On the other hand, organising is the function which is referred to as consolidating, shaping, establishing, and unifying. This is regarded as the key in putting into operation all types of job duties and responsibilities within the required time-frame.

The possession of adequate information regarding the functions of planning and organising facilitates the upgradation of time-management skills. Therefore, one will be well-prepared to complete all types of job duties and responsibilities the stipulated within timeframe. Furthermore, one will be able to make a crucial contribution in preventing various setbacks from hindering the generation of desired outcomes. Therefore, one will be able to carry out all types of job duties and responsibilities within personal and professional lives in a satisfactory manner. Therefore, planning and organising tasks is a valuable measure to put into operation, leading to the improvement of timemanagement skills.

### B. Advantages of Honing Time-Management Skills

Individuals from all communities, categories, and socioeconomic backgrounds share a primary goal of improving their overall quality of life. To achieve desired goals and objectives, one needs to implement various types of job duties and responsibilities. These are put into operation in one's personal and professional lives. To carry these out in a well-ordered manner, one needs to be well-informed about different types of methods and approaches. These are referred to as the ways of carrying out all kinds of job duties and responsibilities in a satisfactory manner, achieving desired goals and objectives and bringing about improvements in one's overall standards of living. To be successful in all types of job duties and responsibilities, it is of utmost importance for all members to utilise timemanagement skills effectively.

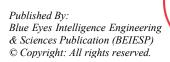
All individuals, irrespective of their occupations and fields, are required to be well-informed in terms of time management skills. These are the skills that facilitate taking out sufficient time for all types of job duties and responsibilities. Individuals assign priorities to job duties and responsibilities. The more important ones are carried out first, whereas the less important ones are carried out after the completion of the more important ones (Time Management Skills: Definition and Examples, 2020) [2]. In some cases, individuals have sufficient time to carry out their job duties and responsibilities. When they have a month or two, they usually focus on those tasks and activities which are to be completed earlier. On the other hand, when individuals have less time, they tend to focus more satisfactorily on their tasks and activities. The acknowledgement and implementation of time-management skills is considered vital on a comprehensive basis. The advantages of honing timemanagement skills are stated as follows:

- 1. Making wise and productive decisions.
- 2. Honing communication skills and interactive abilities.
- 3. Augmenting competencies, abilities, and aptitude.
- 4. Leading to the upgradation of motivation and concentration levels.
- 5. Being well-equipped regarding job duties and responsibilities.
- 6. Being well-versed in terms of methodologies and procedures.
- 7. Utilizing modern, scientific, and innovative methods and materials.
- 8. Planning and organizing the job duties and responsibilities.
- 9. Inculcating the traits of morality and ethics.
- 10. Implementing the traits of diligence, resourcefulness, and conscientiousness.
- 11. Reinforcing the traits of honesty, efficiency, and truthfulness.
- 12. Providing solutions to various types of problems.
- 13. Promoting a typical mind-set.
- 14. Coping with psychological problems in an effective manner.
- 15. Meeting the expectations of educators and employers.
- 16. Incurs feelings of pleasure and contentment among family members.
- 17. Possessing the ability to work under stress.
- 18. Putting in one's best efforts.
- 19. Carrying out all types of job duties and responsibilities in a well-ordered manner.
- 20. Promoting family and community well-being.

# V. CONCLUSION

Time-management skills facilitate focusing on all job duties and responsibilities within personal and professional lives. Measures to be put into operation in leading to upgradation of time-management skills are, making wise and productive decisions,

communicating effectively, being well-equipped regarding



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goals and objectives, acquisition of education, getting engaged in employment opportunities, creating a balance between personal and professional lives, being well-equipped regarding job duties and responsibilities, being well-versed in terms of methodologies and procedures, utilising pioneering methods and materials and planning and organizing the tasks. Honing time-management skills is advantageous. Ultimately, honing time-management skills is crucial for achieving progress.

#### **DECLARATION STATEMENT**

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